

The Great Peru Adventure

Is this Trip right for me?

Epic Journeys Adventurers are friendly, open minded professionals at the same stage of life and with a passion for seeing the world. We have a lot of solo travelers and sociable souls, and whilst spending time together outside of the arranged activities is not compulsory it is encouraged and really does enhance the experience. Our Great Peru Adventure is perfect for Foodies and Culture Vulture's with a penchant for outdoor activities and beautiful scenery. Whilst you don't need to be an Iron-Man to fully enjoy this trip a moderate level of fitness and mental stamina is required to complete the trek to Rainbow Mountain. Altitude can also be an issue for some people, so if you have a history of being affected by heights of up to 5,000 meters it may be something for you to consider.

Please also note that there will be some early mornings and long, active, but extremely fulfilling days. Don't worry though, there is also plenty of free time to relax with a good book or explore your beautiful surroundings.

Physical rating

Rating: Moderate

There is a certain element of fitness required for this itinerary, especially as it involves an overnight trek to Rainbow Mountain. The Journey for this can be a little difficult, but rewarding, and it's important to bear in mind that the altitude can affect your body's fitness. Whilst a super-high level of fitness is not necessary, a moderate level is required to complete and enjoy the itinerary.

Arrival details

We will pick you up on arrival at Lima Airport. Your driver will be waiting with a name sign in arrivals to collect you and will transfer you to the hotel. If you're not able to locate the driver in the arrivals hall please call the Emergency number in the section below.

You will have a welcome meeting with your first Group Leader at 6pm to meet the rest of your group and go over itinerary details etc.

Please note, you will also have to provide your Travel insurance details again at the meeting: Insurance provider, policy number, emergency contact number.

Issues and emergency contact information

Whilst traveling with us we endeavour to provide you with the highest quality service and the very best vacation experience possible. We understand that due to the nature of Adventure travel and some of the areas that are visited on the trip, from time to time, things can go wrong. It is imperative that, should you have an issue at any point during your trip, you discuss it immediately with your Group Leader in order for us to find a solution so you can continue to enjoy your vacation. On the extremely rare occasion that the Group Leader is unable to rectify the issue then please ask to speak to their manager.

In case of a genuine emergency please call either Epic Journeys in the US or our local operator on the numbers below:

Epic Journeys: +1 843 580 2494

Lima Tours +51 1619 6911 (Emergency Line)

Itinerary

Day 1: Welcome to Lima!

Bienvenidos! Welcome to Peru! Your adventure begins at the airport when we pick you up and transfer you to the hotel. Meet your guide and fellow adventures at the

welcome meeting at 6pm as we go over the details for the coming days. Explore Lima's lively and colorful nightlife with the remainder of the evening.

- Accommodation:** Hotel Casa Republica Barranco
- Room:** Shared *Single Supplement Available*
- Meals Included:** There are no meals included on this day.

Day 2: Markets and Culinary Masterclass

Today is a day of culinary intrigue. After a hearty breakfast you will explore the produce market of San Isidoro. Guided by a local professional Chef, discover and sample the tastes and textures of a variety of ingredients used in Peruvian cooking. Once suitably salivating, it's time to master some delicious Peruvian Classics. Inspired and armed with your new-found knowledge you will take to the kitchen for a cooking lesson.

The evening is yours to enjoy at your leisure. Whether you want to relax and enjoy the bohemian neighbourhood of Milaflores or party like its 1999 your guide can suggest some fantastic options.

- Accommodation:** Hotel Casa Republica Barranco
- Room:** Shared *Single Supplement Available*
- Meals Included:** Breakfast & Lunch

Day 3: Welcome to the Jungle

After breakfast it's time to say goodbye to Lima as we head to the airport for your flight into the Amazon Jungle. Upon arrival at Puerto Maldonado you will be met by your jungle guide and transported by typical Amazonian canoe down the Madre de Dios river to your Jungle Lodge for a delicious native lunch. Spend the afternoon exploring the incredible Amazon Jungle. Immerse yourself in the Rainforest's unique ecosystem, and learn about its incredible importance to the planet. At dusk, hop on board our motorized canoe to explore the Madre de Dios river by night. When the sun goes down the Amazon really comes to life with the

nocturnal hunters looking to feed... listen to the animals calling, watch out for those eyes shining in your direction, but don't forget to look up and enjoy the clear night sky peering through the dark shadows of the forest. We'll be greeted by delicious dinner upon return to the lodge!

Accommodation: Inkaterra Hacienda Concepcion

Room: Shared *Single Supplement Available*

Meals Included: Breakfast, Lunch & Dinner

Day 4: Trekking in the Trees

Get excited today as we embark on the stunning trek through the Tambopata Nature Reserve to Lake Sandoval. Be in awe of the exotic wildlife and stunning array of flora and fauna along this beautiful route. See for yourself why Tambopata is considered the biodiversity capital of Peru. After Navigating the mirror-like Oxbow Lake by dugout canoe we return to the lodge for a well earned lunch.

The afternoon will be spent up in the trees as we ascend 98-feet above the forest floor and navigate the hanging bridges snaking their way through the treetops. At dusk, venture deep into the forest to experience the suspense of a night safari before returning to the lodge for a relaxing dinner with your fellow adventurers.

Accommodation: Inkaterra Hacienda Concepcion

Room: Shared *Single Supplement Available*

Meals Included: Breakfast, Lunch & Dinner

Day 5: The Heart of the Inca's

It's time to depart from our Amazonian paradise as we hop into one last motorized canoe and navigate our way to the airport. Its not all bad news though as we're heading to arguably the most beautiful city in Peru! The ancient capital of the Inca Empire, Cusco has an undeniable historic charm. Once settled into your boutique hotel, take the afternoon to navigate the cobbled streets of this city

nestled in the Andes mountains. Navigate the cobbled streets and digest the subtle blend of Andean Baroque and Inca architecture whilst taking the time to relax and plan your evening. Why not sample one of the cities amazing restaurants with their rustic charm and stunning flavors. Make sure you get plenty of sleep tonight for the early rise as we venture into the mountains.

Accommodation: Casa Andina San Blas

Room: Shared *Single Supplement Available*

Meals Included: Breakfast

Day 6: Sleep Beneath the Mountain Stars

Begin your journey to one of the most unique spectacles in the America's. Our private bus to the start of the trail in Checacupe encompasses a visit to the ancient Wari Pyramids of Pikillacta. From Checacupe we'll head to a small community in the Andean mountains known as Quesoyuni for a much needed local lunch. Fully refreshed we'll begin the ascent by foot to Rainbow Mountain base camp. At a height of over 4,000 meters it's a great acclimatization walk to prepare you for the ascent the next day. The campsite, our final resting place for the evening, is surrounded by grazing alpacas and a stunning mountainous backdrop. A great place to take in the glittering night sky as we contemplate the six-kilometer, high altitude trek standing between us and the summit of Vinicunca. We'll dig into a hearty Peruvian dinner before retiring to our basic, yet comfortable mountain tents.

Accommodation: Camping at Mountain Basecamp

Room: Shared *Single Supplement Available*

Meals Included: Breakfast, Lunch & Dinner.

Day 7: Journey to the top of Rainbow Mountain

Rise early this morning and grab some breakfast before we ascend to the amazing Rainbow Mountain. The difficult trek is made easier when the dark red mountains transform into uniquely colourful waves of shimmering gold, turquoise and rouge as we near the summit. Hugs and high-fives all-round as we reach the top and you congratulate your fellow adventurers! Take some time to marvel at your achievement, absorb the breath-taking views and, of course, take some vacation snaps that your friends and family will hardly believe before we descend on a wave of triumph. Upon return to base camp a delightful picnic lunch awaits before we journey back to our hotel in Cusco for a hot shower, safe in the knowledge that we've conquered one of the world most unique mountains today.

**This trek, whilst a challenging test of both physical and mental toughness, is achievable for any adventurer with a moderate level of fitness and a great attitude. Our guides and fellow adventurers are all there to help and support each other.*

Accommodation: Casa Andina San Blas

Room: Shared *Single Supplement Available*

Meals Included: Breakfast & Lunch

Day 8: Relax in the Old Inca Capital

Still buzzing but a little achey from yesterdays achievement it's time for a little break. Today is yours to do whatever you desire, and there are few better places than Cusco to do it. You can choose to take an optional walking tour (additional cost) through the city and discover the rich layers of history and culture ingrained in the ancient cobbles with visits to a temple, a Cathedral and San Pedro Market. Alternatively you can take your own time to wander the streets, grab a coffee under the beautiful churches of the main square, or just sleep-in and relax.

Optional Activity:

Cusco City Morning Walking Tour \$65.00 per person

Accommodation: Casa Andina San Blas
Room: Shared *Single Supplement Available*
Meals Included: Breakfast

Day 9: Cycle to Discover the Secrets of Peruvian Beer

Feeling rejuvenated after your day of rest we're heading to the Sacred Valley for a day of bikes, beauty and beer! In the town of Maras, famous for its salt mines, we will pick-up our mountain bikes and get briefed about the route before pedalling off into the valley. This magnificent trail is dominated by mountainous valleys and winding trails that will take us away from the beaten path and into the heart of ancient and rural Peru. Working up a thirst, the Holy Grail of the route finds us when we arrive at an award-winning Peruvian Brewery to discover the brewing process, grab some snacks and, of course, taste some Peruvian beer.

Accommodation: Casa Andina San Blas
Room: Shared *Single Supplement Available*
Meals Included: Breakfast

Day 10: Take the Train to the Lost City of Machu Picchu

All-aboard for the scenic train ride to Aguas Calientes, the last stop before the Lost City of Machu Picchu. We're not hanging around; we'll be picked up from the train station and transferred the short, but winding road to the entrance of Machu Picchu for some all-encompassing exploration of the lost city. Once thought to be gone forever, it was rediscovered by explorer Hiram Bingham in 1911. It's easy to see why this ancient archaeological masterpiece built onto the side of a mountain is classed as one of the new Seven Wonders of the World and an item on everybody's bucket list. After a few hours of discovery, we depart and check into our comfortable hotel in the heart of Aguas Calientes, where you may even have time to grab a massage in the spa before a delicious dinner.

Accommodation: El Mapi Hotel
Room: Shared *Single Supplement Available*
Meals Included: Breakfast, Lunch & Dinner

Day 11: Chill Out in Aguas Calientes

You have a choice how to spend the penultimate morning of your Peruvian adventure. For those of you that have the stamina you can take the three hour sunrise trek to Machu Picchu Mountain. Rise early and reach the peak to have one last look at the marvel and take "that picture" (additional cost).

If that all seems like too much effort you can choose to have a chilled morning exploring the local town. Aguas Calientes is a buzzing tourist settlement situated in a gorge next to Machu Picchu. With a flowing river, colourful narrow cobbled streets and plenty of crafts its a great place to spend a relaxing morning.

In the afternoon we'll return to Cusco for our final night to share some farewell Pisco Sours with your fellow adventurer.

Optional Activity:

Machu Picchu Mountain Trek \$125.00 per person

Accommodation: Casa Andina San Blas
Room: Shared *Single Supplement Available*
Meals Included: Breakfast, Lunch & Dinner

Day 12: Hasta la Vista Peru!

Day twelve marks the end of your Epic Journey, but as you reflect on the previous two weeks with your new-found friends you can rest safe in the knowledge that whilst vacations must come to an end, you've had experiences and made memories that will last a lifetime.

You've cruised down the Amazon river and hung out in the Jungle treetops, mastered Peruvian Cuisine, conquered the summit of one of the mightiest technicolour mountains, cycled through fascinating Inca ruins, discovered the secrets of Peruvian beer and explored one of the new Seven Wonders of the World. All in all we would say it's a job well done!

All that is left is to reflect on your achievements whilst you wait to be collected for your transfer to the airport and your journey home. Or why not extend the adventure and spend a few extra nights exploring more that Peru has to offer? We'll leave it to you but feel free to speak to us about possible extensions and activities to get even more out of your journey!

Accommodation: None
Room: None
Meals Included: Breakfast

Trip Notes:

Itinerary disclaimer

From time to time the itineraries are updated to incorporate improvements developed from past travelers' feedback and our own research. It is extremely important that you read a final copy of your 'Trip Notes' once received a few a couple of weeks prior to departure, just in case there have been changes that may affect your plans. If you have any queries, please contact us and we'll be happy to help.

Please note that while we successfully complete itineraries in this region year-round, on occasion some changes may be necessary in our itineraries due to changes in weather conditions, transport or activity/attraction schedules. Sometimes this can happen at short notice so please be prepared that your route may be modified to ensure your very best experience and safety.

OPTIONAL ACTIVITIES: On some of our group itineraries there is the option to participate in some additional optional activities. These are available at an additional cost and are not included in the initial price of the tour. All optional activities are subject to availability and, in some circumstances, minimum numbers and pre-planning is required if you are interested in booking additional options. Please speak to your guide who will be able to advise and arrange for you. For these activities we work with local operators that have

been vetted for their safety and credentials. You may be able to find these activities for cheaper but we are not able to vouch for the quality or safety of the operator. We cannot vouch for any additional activities not mentioned in the itinerary and any additional suggestions from your guide are not endorsed by Epic Journeys Travel. The decision to partake in any additional activities is at your own discretion and risk.

DEMONSTRATIONS AND PROTESTS: With Political and Social issues throughout South America, and Peru in particular, Demonstrations and Protests can occur with the possibility of National strikes being called at short notice. This can cause disruption and closures to some road networks which may enforce changes to your itinerary. Epic Journeys does everything possible to ensure disruptions are kept to a minimum, however, no refunds or compensation will be provided if an itinerary has to be amended due to political/social issues.

Important stuff

PASSPORT: Please ensure that the name on your passport is exactly the same as the name you have used to complete your booking (this is especially important when booking flights).

Your full passport details are required at the time of booking in order to purchase travel tickets and Entrance fees to certain sites. Delays to provide this information may result in additional booking fees or changes to your itinerary.

Ensure that your passport has a minimum of Six months validity upon completion of the trip as this is a requirement for entry in many countries.

It is your responsibility to travel with a valid and correct passport and no refund given for invalid documents.

VISAS: It is your responsibility as the traveller to arrange for the applicable Visa.

Please be aware that Visa's can take several weeks to process so we encourage you to research the relevant information as soon as possible to allow sufficient processing time.

If you receive an immigration card upon entry, please ensure you keep this safe as it may be requested at point of exit. For further information regarding country entry and exit fees, please refer to the 'Money Stuff' section of this document.

The below information was correct at time of writing for US Citizens, however please visit the relevant consular website of the country or countries you're visiting for detailed and up-to-date visa information specific to your nationality.

US Citizen Entering and Departing Peru: A passport valid for six months is required to enter and depart Peru. Tourists must also provide evidence of return or onward travel. Travellers to Peru will receive a card from Peruvian Immigration upon arrival stating the length of approved stay (usually 90 days). Extensions are not available, and overstays will result in fines.

AIRPORT TRANSFERS: Arrival airport transfers are included. Please provide your flight details at the time of booking.

Medical and health information

All travelers need to be in good physical health and have a moderate level of fitness in order to participate and fully enjoy this trip. Before confirming your place on this trip please make sure you have read the itinerary carefully and assess your ability to complete all of the activities. Please note that if, in the opinion of our group leader or local guide, any traveller is unable to complete the itinerary without undue risk to themselves and/or the rest of the group, Epic Journeys reserves the right to exclude them from all or part of a trip without refund. We recommend that you carry a basic first aid kit as well as any personal medication required as it may be difficult to access in certain parts of the trip. We would encourage you to pack extra medication to be on the safe side.

VACCINATIONS: It is your responsibility to ensure you receive all of the required vaccinations prior to travel. The below information was correct at time of writing for US Citizens, however, please consult your doctor for up-to-date medical travel information or for any necessary vaccinations before departure:

There are no mandatory vaccines for entry into Peru. Should you wish to visit the Amazonian region of the country, the Center for Disease Control (CDC) recommends vaccinations against yellow fever.

YELLOW FEVER: Many Countries require a valid international certificate of vaccination against Yellow Fever. You may be asked to present this upon your point of entry or border and may be refused entry without it. You could also be asked to show your Yellow Fever Certificate on your arrival back home. It is your responsibility to consult with your Doctor well in advance of the beginning of our trip about the Yellow Fever requirements for the countries you will be visiting.

ALTITUDE SICKNESS: There are a number of places and activities on this trip that are at a high altitude, in particular, your trek to Rainbow Mountain which is at a height of over 4000 meters. It is very common for travellers to experience some adverse health effects due to the the altitude. Some pre-existing medical conditions are known to severely worsen at high altitude and be difficult to adequately treat on the ground, leading to more serious consequences. It is imperative that you discuss your pre-existing medical condition(s) with your doctor.

It is extremely important that you are aware of the cause and effects altitude sickness so you can monitor your health and seek assistance accordingly. All of our leaders have basic first aid training and are aware of the closest medical facilities. We would encourage you to follow the link below and read the document to familiarize yourself with recognizing symptoms:

http://medex.org.uk/medex_book/about_book.php

ZIKA VIRUS: According to the World Health Organization (WHO), there has been an outbreak of the mosquito-borne Zika virus in parts of Central and South America. Symptoms include fever, skin rash and conjunctivitis and usually last for 2-7 days. The disease is mainly a risk to pregnant women and we, therefore, advise that any travelers that are pregnant, or trying to conceive consult their doctor prior to booking any trip to Central or South America. Other mosquito transmitted diseases identified for the area are Malaria , Dengue, Yellow Fever. Further information is available at WHO website: www.who.int.

Travel Insurance

Travel Insurance is mandatory for all clients whilst on a tour organized by the Company. Clients together with their personal property including baggage are at all times solely at their own risk. Clients are wholly responsible for arranging their own insurance. Clients are responsible for ensuring that they have alternative personal travel insurance with protection for the full duration of the tour in respect of at least medical expenses, injury, death, repatriation, with a minimum of \$200,000 for each category of cover. We also strongly recommend it covers cancellation, curtailment, personal liability and loss of luggage and personal effects. Clients should satisfy themselves that all travel insurance purchased meets their particular requirements and should arrange supplementary insurance if need be. Clients making their own arrangements should ensure that there are no exclusion clauses limiting or excluding protection for the type of activities included in their tour. You must provide your travel insurance policy number and the insurance company's 24 hour emergency contact number prior to the commencement of your trip; you will not be able to join the trip without these details and the Company reserves the right to cancel your booking with applicable cancellation charges. If you have travel insurance connected to your credit card or bank account please ensure you have details of the participating insurer, the insurance policy number and emergency contact number with you rather than the bank's name and credit card details.

Accommodation

Boutique Hotel (8 nights), Jungle Lodge (2 nights), Basic Camping (1 night). The accommodations we use generally offer an element of comfort and character. For some activities only basic accommodation is available, but this will be outlined in the itinerary and is all part of the experience. On the rare occasion, we may need to make changes to the hotel outlined in the itinerary due to lack of availability, but any changes will be made to a comparable standard of accommodation. We always request that our accommodations have the rooms ready time for our arrival, however, in circumstances such as an early arrival immediate check-in is not always possible. In these circumstances the hotel will be able to store your luggage and this allows you time to explore your new destination.

Transport

Plane, Train, Motorized Canoe, Private Vehicle

What to Pack

For a Tour like this it is recommended to take nothing larger than a medium sized, wheeled suitcase. Please remember that you will be moving around a lot, all bags need to fit into each mode of transport and there may be times that you have to carry your own luggage or handle it at airports. We recommend that you pack as lightly as possible. You will also need a bag no larger than 62 inches / 157cm and when packed weighing no more than 5kg / 11lbs for your trek to Rainbow Mountain and visit to Machu Picchu. We would advise that your main luggage does not exceed 20kg / 44lbs. We have listed some items below that we would suggest as part of your packing list:

- Good quality closed-toe shoes - *VERY important that they are worn in and comfortable. Good grip, ankle support and waterproofing is recommended.*
- Hat
- Sunscreen
- Sunglasses
- Mosquito Repellent
- 2x T-shirts
- Long sleeved shirt
- Shorts
- Long pants
- Rain jacket
- Thick socks
- Sweater/ fleece

- Warm clothing for night time- *it can get cold in the mountains so woolen hat and gloves, plenty of layers and thermal wear are recommended.*
- Reusable Water Bottle
- Basic First Aid Kit
- Electric Plug Adapter
- Passport
- Day Pack (dimensions mentioned as above)
- Flashlight (with spare batteries)
- Headlamp (with spare batteries)
- Flip-flops
- Spare plastic bags
- Small towel
- Wet wipes
- Basic toiletries
- Binoculars
- Camera

Food and dietary requirements

Peruvian cuisine offers a fantastic variety of tastes and textures, particularly in Lima and Cusco. To allow flexibility and variety only meals mentioned in the above itinerary are included in the trip. For meals that aren't included your guide can suggest some great restaurants to try. We encourage the group to eat together in order to try a larger variety of dishes, although there is no obligation to do this.

DIETARY REQUIREMENTS: If you have any dietary restrictions or requirements it is important that you let us know prior to the start of the tour so we can accommodate accordingly. Generally, larger cities and more touristy towns offer a

wider selection of vegetarian/vegan options and are able to cater more easily to any specific requirements. Please bear in mind that vegetarian diets are more rare in this part of the world, therefore options may be restricted in certain parts. Please let us know of any restrictive dietary requirements and we will accommodate for you but please expect less variety than you are used to.

Group Leader and Guide's

Epic Journey's Group Leaders are extremely experienced, personable and enthusiastic locals with a good level of English that specialize in guiding tourist groups. All of our Leaders adhere to strict guidelines and are vetted to ensure they have unique knowledge and are the very best available. For this particular trip you will have three separate specialist Group Leaders... one in Lima, one in the Amazon, and one upon arrival in Cusco to take you through to the end of the tour. This ensures that you receive the very best specialist for each part. The only part of the trip you will be without a leader is on the flights whereby you will be escorted to check-in by one leader and collected after passport control upon arrival by another. Your leader will provide history and cultural information on destinations and places you are traveling through, and they will be your point of contact for any questions during your trip. They are also perfectly placed to advise you on the best local restaurants, bars and places to visit to ensure you really soak up the authentic vibe. For some parts such as City tours or treks you will also have the services of a specialist local guide for that particular activity to ensure that you receive the very best experience possible.

Money Stuff

When it comes to spending money for this trip please ensure you budget a sensible amount in line with your habits. Its important to budget for any meals not included in the tour, drinks, shopping, laundry and tipping. Some of the places we visit there will be little opportunity to spend anything additional, although in most Cities and Tourist Towns there will be plenty of opportunity to purchase souvenirs.

Please ensure you read the trip details so that you know what is included and what isn't and budget accordingly for any additional activities you wish to take.

CREDIT CARDS & ATMs: There are a large number of ATMs major cities and towns throughout Latin America although withdrawal limits may vary. Credit cards are generally accepted in tourist shops and well established restaurants. Smaller restaurants and shops will accept cash only. There may be some limits on using American Express but Visa and Mastercard are generally accepted. Please ensure that any travel alerts are set with the bank prior to travel and you are aware of any charges or fees that may be applicable to avoid any complications.

CASH: Peruvian Currency is the 'Sol' but USD are generally accepted in most established shops and restaurants, as well as available in some ATM's. Please check accordingly for your local exchange rates. If you intend to bring cash then please note that old bills that are worn or torn and USD 100.00 bills with serial number CB or BE will not be accepted in banks.

TIPPING: In Peru tipping is not compulsory, although most locals in the tourism industry do not get paid very well therefore tips can make a huge difference to them. We suggest to carry some small local denomination with you for tipping where necessary. Your group leader may suggest a 'Tipping Kitty' for the group, whereby everybody contributes and they will pay the tips as you go. The General rule in restaurants is 10-15% of your bill but it really is at your discretion.

CONTINGENCY FUNDS: Although we try to plan for every eventuality, in extremely rare circumstances, there are happenings beyond our control. Please make sure you have access to the equivalent of an extra US\$500 for any 'Force Majeure' emergencies (e.g. severe weather, natural disasters, civil unrest) or other events that result in unavoidable changes to the itinerary (e.g. transport strikes or cancellations, airport closures). We usually cover most of the cost of these but there are some last minute changes to enable our trips to continue to run, and as a result there may be some extra costs involved.

Safety

At Epic Journeys your safety is paramount and we take every precaution to ensure that the destinations we visit, the guides and hotels that we use have been vetted to ensure that they are as safe as possible. Your leader will be happy to assist you

with the available activity options in any given location but please note that any optional activities you choose are not part of your Epic Journeys itinerary, and therefore, Epic Journeys can make no representations to the standard or safety elements of the company running the activity. As with all Adventure Travel, there is always a small risk of injury when partaking in some activities and that is why all travelers must provide us with Travel insurance details prior to departing for the tour. We recommend that insurance is purchased as soon as your space has been confirmed and the trip guaranteed and that it covers you for all activities on your itinerary. Your Tour Leader also has the authority to cancel or amend any part of the tour should there be any safety concerns. We strongly recommend that all non-essential valuables are left at home and that the use of a neck wallet or money belt is used for safe-keeping of your passport, air tickets, cash and other valuable items and most hotels have a safety deposit box you can use. We also recommend bringing a lock to secure your luggage whilst travelling. Please be aware that pickpockets operate in many places we visit, just like they do in most cities across Europe and the United States. We recommend that you check your government's advice for their latest travel information before departure.

AIRPORT TRANSFER WARNING For safety reasons, we strongly recommend that during transfers in Lima all of your luggage, including hand luggage and valuables, is stored out of sight in the rear boot of the vehicle.

TRAFFIC CONCERNS: Traffic in certain parts of Latin America can be more chaotic than you might be used so please be aware and be careful when crossing the street.

SEAT BELTS: Local laws may differ from those at home which means that not all modes of transport may provide seatbelts.

FIRE PRECAUTIONS: Please note that local laws governing tourism facilities in Latin America differ from those in your home country and not all the accommodation which we use has a fire exit, fire extinguishers or smoke alarms.

Respect:

Epic Journeys will not tolerate any form of violence or harassment from any person associated with our tour. We encourage responsible drinking and the use

of any illegal drugs will not be tolerated. Sexual relationships between a tour leader and a customer are strictly forbidden. By traveling with us you are agreeing to adhere to these rules and your group leader has the right to remove any person proven to have broken the rules with no right of refund. If you feel that someone is behaving inappropriately while traveling with us, please inform your tour leader or local guide immediately.

TIME KEEPING: Please remember that you are traveling within a group, therefore you too have responsibilities to that group. If you are asked to meet at a certain time please ensure you do so and are not late to ensure that you don't keep the rest of the group waiting. Sometimes you will have appointments/ slots that cannot be missed and excessive lateness could result in the group to leave without you. In these circumstances it will be your responsibility to catch up with the rest of the group at your own expense with no right to any reimbursement or refund.

TRAVELER DETAILS: Due to privacy reasons we are unable to provide you with any personal information or contact details for any of your fellow travelers prior to departure.

SINGLE TRAVELERS: Our group itineraries are specially designed for shared accommodation, although an additional single supplement is usually available. This means that single travelers will be sharing a room with a fellow traveler of the same gender.

Phone and internet access

If you don't already have it we recommend that you download WhatsApp prior to arrival and ,validate your phone number as this is a common method of communication around the world. Internet Access will be typically provided within the hotels although we do not guarantee this as part of the tour.